



Weekend Along The Farm Trails



Oct. 13 & 14, 2018 • 10am-4pm*

Dear Farm Trailer,

Please use this program as a guide to help you plan your route. There are over 30 destinations participating, spanning over 100 miles in Sonoma County, all listed here in this program, organized alphabetically within regions. Note that not all Farm Trails members are open for visitors - use this official program and map link (not our annual Map & Guide) to chart your adventure.

Though we have listed the locations by regions, we hesitate to define your route. These trails will often intersect amongst Sonoma County's vast network of winding back roads. We provide these for basic directional orientation, but we encourage you to chart your own course & visit the destinations that most spark your interest.

In addition to this program, our interactive online map will help you plan your journey. **Find the map at: <http://bit.ly/Fall-Tour-Map>**

On the map, filter your destinations by activity, day, or simply zoom in on one of our charming towns to choose your stops based on location. Our mapping technology allows you to customize your adventure by clicking on this icon  next to each destination you'd like to visit. By clicking  driving directions will be created via Google Maps that you can then print at home.

***Read carefully.** Some locations are open only one day, have special hours listed, or require an RSVP.

***Let our members know that you are "Farm Trailers."** Bring a print out of this program or print out your tickets and show participating destinations to receive discounts where applicable.

***Carpooling is encouraged.** We have a wide variety of farms & businesses participating - some can accommodate lots of cars, and others can't. Because the tour is self-guided and fluid, there's no way to know when certain stops will be busy. If you get to a farm and it feels too crowded, we encourage you to check your program & map to find your closest desired destination and possibly spiral back later.

***We hope you will support our farmers by shopping at their farm stands & businesses.** Bring a cooler/bag for your purchases. And bring cash or checks for farms where credit cards aren't accepted.

Check out the food quiz on the back of this program to test your knowledge of our local food system. It's a fun activity to do with friends and family, before, during or after your Farm Trails adventure!

We hope that you make lovely new memories while out on the Farm Trails and that you feel even more connected with the food on your table. Thank you for coming out to support local farms, and may you enjoy the bounty of this treasured place.

Very Best,
The Farm Trails Team

Tips for the Trails

- Review entire program to choose your destinations.
- Locations are open 10am-4pm, unless Special Hours are listed.
- Some destinations are only open one day. Read program closely.
- Plan ahead; some farms require an RSVP/additional ticket.
- Print driving directions from our online map in advance:
<http://bit.ly/Fall-Tour-Map>
- Note: Cell reception is not reliable in some areas.
- Keep in mind: Locations range from 0.5 miles - 14 miles apart.
- Bring a water bottle to stay hydrated.
- Bring a cooler and basket or bag for purchases.
- Carry out anything you bring with you.
- Bring sun protection or an umbrella if rain is in the forecast!
- Absolutely no pets allowed, even in cars.
- Wear good walking shoes.
- Please drive slowly on dirt roads.
- Keep an eye on your children at all times.
- No smoking at the farms, thanks for your understanding.
- We encourage you to support our farmers in the following ways:
 1. Purchase goods directly from them while on the trails.
 2. Sign up for their newsletters & follow them on Facebook.
 3. Spread the word! Tell your friends about them.
 4. Thank them for their good work.
 5. Ask your favorite local restaurant & market to source from them.



**Please Share Your
Experiences With Us!**

#farmtrails
@sonomacountyfarmtrails

Directory of Offerings Along the Farm Trails

Please be sure to check the following pages for details, days & schedules of each destination.

The following activities are free, unless the \$ symbol appears next to the listing.

Demos | Workshops | Activities:

Artful Arrangements (South) Plant-a-plant for Kids
Bloomfield Cutting Garden (South, \$) Floral Workshop (RSVP)
Bodega Bay Oyster Co. (South) Oyster Shucking Lessons
Bohemian Creamery (West, \$) Cheesemaking Intro w/ Tour
Cumbria Garden + Guesthouse (West) Compost, No-Till
Garden Valley Ranch (South, \$) Floral Workshop (RSVP)
The Goat Farm (West) Lotion Making, Kid's Scavenger Hunt
Honoring the Animal (North) Sausage-Making, Fiber Demos
LaLa's Jam Bar (South) Jam Making Demos
Monte-Bellaria (West) Fragrance Demo & Lavender Sachets
Rainbow's End Farm (West, \$) Making Herbal Teas (RSVP)
Redwood Hill Farm (West, \$) Goat Milking Demo
Shone Farm (North) Apple Pressing & Tasting
Tilted Shed Ciderworks (North) Cider-Making Demo

Guided Tours:

Bamboo Sourcing (West) Bamboo Gardens Tour
Bodega Bay Oyster Co. (South) Oyster Facility Tour
Bohemian Creamery (West, \$) Creamery Tour & Tasting
Freestone Ranch (West) Holistic Pasture Management
Garden Valley Ranch (South) Rose Gardens, Flower Fields
Green Valley Farm + Mill (West) Farm Tour
McClelland's Dairy (South, \$) Dairy Tour w/ Milking Demo
Monte-Bellaria di California (West) Lavender Distilling Tour
Oak Hill Farm (East) Vegetable & Flower Farm Tour
Redwood Hill Farm ~ Capracopia (West, \$) Goat Dairy Tour
Shone Farm (North) Tour of the Student Farm
Tara Firma Farms (South) Sustainability Tour & Animal Visit
Tolay Springs Farm (East, \$) Olive Orchard Tour
Yenni Ranch (East, \$) Cattle Ranch Tour

Libations | Tastings:

The Rhone Room: Wine Studio and Farm (North, \$)
Shone Farm (North)
Tilted Shed Ciderworks (North, \$)

Farm Animals:

Bee-Well Farms (East) - Goats, Cows
Bees N Blooms (East) - Ducks
Bohemian Creamery (West, \$) - Goats
Garden Valley Ranch (South, \$) - Baby Chicks
Icssoma Farm's Well Trained Horses (West) - Horses
Honoring the Whole Animal (North) - Sheep, Ponies
McClelland's Dairy (South, \$) - Cattle
Redwood Hill Farm ~ Capracopia (West, \$) - Baby Goats
Tara Firma Farms (South) - Goats, Ducks, Pigs, Turkeys, Cattle
Yenni Ranch (East) - Cattle, Miniature Horses

U-Pick Opportunities (\$):

Apple-A-Day Ratzlaff Ranch (West) - Apples
Bee-Well Farms (East) - Pumpkins
Garden Valley Ranch (East) - Roses
McClelland's Dairy (South) - Pumpkins
Muelrath Pumpkins (West) - Pumpkins
PaPa's Pumpkin Patch (West) - Pumpkins
Shone Farm (North) - Strawberries, Tomatoes, Pumpkins

Farmstands & Gift Shops (\$):

Bee-Well Farms (East) - Produce, Pumpkins, Eggs
Bees N Blooms (North) - Honey, Gifts, Flowers
Bohemian Creamery (West) - Cheese, Bread, Etc.
Flatbed Farm (East) - Produce, Body Products, Flowers
Freestone Cheese (West) - Cheese & more; Piano Farm Salts
The Goat Farm (North) - Handmade Goat Milk Soaps
LaLa's Jam Bar (South) - Handmade Jams, Gifts
Kozlowski Farm Store (West) - Jams, Pies, Etc.
Monte-Bellaria (West) - Lavender Products, Olive Oil
Muelrath Pumpkins (West) - Ornamental Corn, Pumpkins
Oak Hill Farm (East) - Vegetables, Flowers, Wreaths, Etc.
Shone Farm (North) - Produce, Pumpkins, Wine, Olive Oil
Tara Firma Farms (South) - Pastured Meat, Eggs, Etc.
Tierra Vegetable (North) - Produce, Pumpkins, Hot Sauce, Etc.
Yenni Ranch (North) - Pastured Meat, Olive Oil, Body Products

Plants:

Aztec Dahlias (South) - Dahlias, stems & plants
Bamboo Sourcing (West) - Bamboo
Bees N Blooms (North) - Flowers, Plants, Trees
Bloomfield Cutting Garden (South) - Flowers
Garden Valley Ranch (South) - Cut Roses, Potted Roses, Gifts
Sonoma Horticultural Nursery (West) - Shade Plants & Trees

Live Music:

Bees N Blooms (East) John Kalleen Jazz Group
Green Valley Farm (West, \$) Burnside, City of Trees Brass Band
Leland Street Country Club (West, \$) Burnside the Band

Meals on the Trails (\$):

Bee-Well Farms (East) - Grilled Cheese, BLT, Soup
Bees N Blooms (East) - Food Truck
Flatbed Farm (East) - Tacos
Green Valley Farm (West) - *The Bodega* Food Truck
Leland Street Country Club (West) - Food Truck
Shone Farm (North) - Farm Lunch
Wind & Rye (South) - Formal Dinner & Wine Pairing (RSVP)



Central/North County Trail

Estimated Total Driving Time: 1 Hour
Miles between destinations: 3 - 11 miles

The northern route has something unique for all ages. This trail offers a robust farmstand with a pumpkin patch at the White Barn at Tierra Vegetables where a brother and sister team have been farming sustainably together for over 30 years; a cider tasting and cider-making demo at Tilted Shed Ciderworks, who are also providing a dedicated activity zone for kiddos; the Fall Festival at Shone Farm, at which families can enjoy U-picks, tastings, apple pressings, and more; Slow Food Russian River presents Honoring the Whole Animal, an event conveniently located at the Santa Rosa Farmers Market, featuring sausage-making demos, fiber demos, pony rides for the kids and lots of farm vendors; shop the bee-friendly farmstand and enjoy jazz on the farm at Bees N Blooms; and last but not least, The Goat Farm, producer of goat milk body products is hosting lotion making demos, a Halloween scavenger hunt, and goat meet & greets!

BEES N BLOOMS

3883 Petaluma Hill Rd., Santa Rosa, CA 95404
beesnblooms.com • (707) 293-8293

Saturday & Sunday

Come and walk the lavender labyrinth; check out the ducks; see how the farmer preps organic flower fields for winter; visit the farm stand; and learn about bees with the Sonoma County Beekeepers Association. **On Sunday from 12-3pm enjoy the John Kalleen Group playing jazz** on the farm, purchase lunch from a food truck, and enjoy an afternoon on the farm. **FREE ADMISSION.**

THE GOAT FARM

1200 Ludwig Avenue, Santa Rosa, CA 95407
goatfarmsoap.com • (707) 495-8235

Saturday & Sunday

Meet goats and shop their farmstead for products. **Lotion making demonstration is at 1pm in the soap studio.** Wine country brides, come visit for wedding ideas! (Car pooling encouraged!). **FREE ADMISSION. Special Hours: Sat. 10-4pm; Sun. 10-2pm**

HONORING THE WHOLE ANIMAL AT SANTA ROSA COMMUNITY FARMERS MARKET

1351 Maple Ave., Santa Rosa, CA 95404
slowfoodrr.org

Saturday Only

Join Slow Food Russian River for **tastings, demos and shopping. Plus, pony rides and animal meet and greets** for the kids at the farmers market. Shop from a dozen local producers of beautiful, luscious woolen & other natural fiber items. **FREE ADMISSION. Special Hours: 9 - 1pm**

SHONE FARM

7450 Steve Olson Lane, Forestville, CA 95436
shonefarm.com • (707) 535-3700

Saturday Only

Shone Farm opens its doors for their Fall Festival, with activities such as pick your own pumpkins & tomatoes, enjoy an apple pressing & tasting, free activities for kids, take a Shone Farm tour, enjoy wine & olive oil tastings, plus Shone-grown lunch available for purchase. Farmstand will be open. **FREE ADMISSION. Special Hours: 10am - 3pm**

TIERRA VEGETABLES

651 Airport Blvd, Santa Rosa, CA 95407
tierravegetables.com • (707) 544-6141

Saturday & Sunday

For over 30 years, this diversified farm has been growing unusual varieties of vegetables. The farmstand at the big white barn will be open featuring handmade sauces, dried goods and seasonal produce that is harvested daily and grown sustainably. **Pumpkin patch will be set up!** **FREE ADMISSION.**

TILTED SHED CIDERWORKS

7761 Bell Road, Windsor, CA 95492
tiltedshed.com • (707) 657-7796

Saturday Only

Join Tilted Shed for a **2-for-1 cider tasting** (regular tasting fee is \$10). The kids will enjoy snacks & the Activity Zone. **At 11am & 2pm, join cider-maker Scott for a home cidermaking demo.** Tour the facility throughout the day (please note, this is not located on an orchard). Come celebrate this year's apple harvest with this small, craft cidery producing Old World-style ciders with local organic apples! **Special Hours: 12-5pm**



East Sonoma County Trail

Estimated Driving Time: 1 Hour

Miles between destinations: 3 - 14 miles

Visit old farms, ranches and homesteads on this trail that takes you east of the Old Redwood Highway, along rolling hills into the beautiful Valley of the Moon. Explore Oak Hill Farm and Yenni Ranch, both historical farms who are growing a bounty of treasures on fertile land; tour the olive orchard and taste the estate grown olive oil at Tolay Springs Farm; kids of all ages will enjoy a stop at Bee-Well Farms to shop the farmstand and pet the goats; don't miss the nearby bountiful farmstand at Flatbed Farm, who will also be serving up tacos; and adults will love a stop at the Rhone Room Wine Studio & Farm for a culinary garden tour and tasting. For those who plan ahead, a true farm-to-table dinner can be enjoyed at the lovely Wind & Rye Kitchen + Farm.

ARTFUL ARRANGEMENTS

205 Orchard Lane, Penngrove, CA 94951
artfularrangements.org • (707) 664-8656

Saturday & Sunday

Visit an open art studio where living plant arrangements are made & browse the Gallery/Giftshop. **Kids Plant-a-Plant** with a parent's help to nurture together at home. FREE ADMISSION.

BEE-WELL FARMS

101 Trinity Road, Glen Ellen, CA 95442
bee-wellfarms.com • (707) 217-7788

Saturday & Sunday

Experience life on the farm! **Feed & pet the goats.** Farm bounty includes pumpkins, produce, and eggs for sale at the farm stand. **Grilled Cheese, BLT's and more will be available** for purchase for enjoying a relaxing picnic while watching the cattle graze. FREE ADMISSION.



FLATBED FARM

13450 Sonoma Hwy 12, Glen Ellen, CA 95442
flatbedfarm.com • (415) 425-0589

Saturday Only

Stop by this flourishing farmstand, full of farm fresh goodies including seasonal produce, plants, flowers, eggs, pantry items and gifts. Join them for a **taco lunch at the farm** or an afternoon snack of baked goods. FREE ADMISSION.

OAK HILL FARM

15101 Sonoma Highway 12, Glen Ellen, CA 95442
oakhillfarm.net • (707) 996-6643

Saturday Only

For more than 50 years, Oak Hill Farm has sustainably grown over two hundred varieties of crops. Nestled against the western slope of the Mayacamas Mountains, it is a quintessential Sonoma County farm. The Red Barn store will be open from 9-3 on Saturday. The store will be decked out for fall with an assortment of seasonal pumpkins, gourds, handmade wreaths, fresh vegetables, fruit, and flowers from the fields. Join a **free tour of the growing fields from 10am -11:15am**. FREE ADMISSION. **Special Hours: 9am-3pm**

THE RHONE ROOM: WINE STUDIO & FARM

20816 Broadway, Sonoma, CA 95476
therhoneroom.com • (707) 935-1233

Saturday & Sunday

Take a stroll through the culinary garden of the beloved *the girl & the fig* restaurant, and visit the chickens. Follow it up with a wine tasting in the new wine studio (\$15-\$25). Scavenger hunt for the kids! Pre-order a farm picnic at <https://www.therhoneroom.com/picnic>. **Special Hours: 12pm-5pm**

TOLAY SPRINGS FARM

27665 Arnold Drive, Sonoma, CA 95476
tolaysfarm.com • (707) 996-9463

Saturday & Sunday

Visit the farmstand in the olive grove & **take a tour (\$20) of this beautiful Carneros ranch at 12 & 3pm, followed by an olive oil tasting. Complimentary bottle of olive oil included with tour.** Tours last ~45 minutes. Please note farm will be closed between tours. *Turn on Mangles Ranch private road.* **Special Hours: For Tours Only, 12 & 3pm**



East County Trail Continued.

WIND & RYE

4615 Acacia Way, Penngrove, CA 94951
windandrye.com

Sunday

Join us for an intimate Fall Harvest Dinner with Coyote Family Farms and Chef Daniel Kedan on October 14. **Tickets must be purchased in advance.** (\$140/person includes farm tour, cocktail hour, dinner, and wine pairings with Baker Lane). Limited tickets available online at: <http://bit.ly/windryedinner>

YENNI RANCH

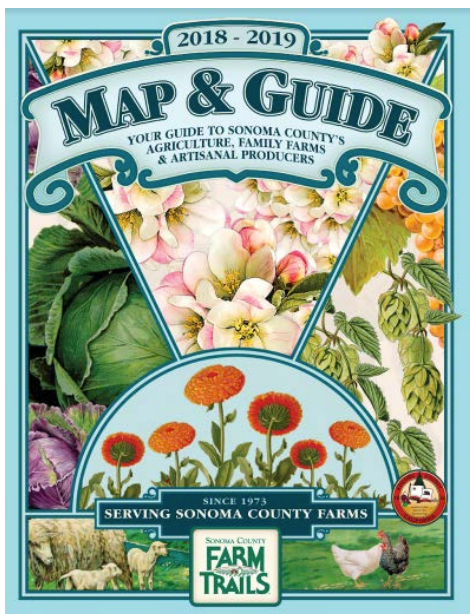
24835 Arnold Drive, Sonoma, CA 95476
yenniranchsonoma.com • (707) 996-9463

Saturday & Sunday

Tours of this working cattle ranch at 10am & 2pm (\$20), includes complimentary bottle of olive oil. The farm store at this historical ranch features their pasture raised eggs, beef and lamb, plus olive oil, jams, lavender & eucalyptus products. Meet the mini-horses, too! **FREE ADMISSION.**

Pick up a free **Map & Guide** to explore Sonoma County farms throughout the year.

**Check hours of operation before arriving at farms*



Available at many tour destinations.

Visit FarmTrails.Org to get info on farm products, farmstays, farm tours & more!

West County Trail

Estimated Total Driving Time: 1 Hour

Miles Between Destinations: 3 - 15 miles

If you are a lover of small towns and country roads, the West County Trail is the one for you! Enjoy a cheese making tour (\$15) and tasting at Bohemian Creamery. For all the plant lovers, don't miss Bamboo Sourcing and Sonoma Horticultural Nursery. Tour the garden at Cumbria Guest House and learn how to make "super" compost. Sample your way through Kozlowski Farms' storefront and taste divine artisan products at Freestone Artisan Cheese. Learn about regenerative ranching at a special private tour of Freestone Ranch. Explore 1.5 miles of pathways at Sonoma Horticultural Gardens and receive discounts on select plants. Pick up ornamental fall decor and take a hay ride at Muelrath Pumpkins. Be sure to visit Apple-A-Day (Sunday Only) to enjoy U-Pick apples at the peak of season, and pick up your pumpkin from neighboring Papa's Pumpkin Patch. Reserve your spot at an herbal blending class with mother and daughter team at Rainbow's End Farm. Meet the newest baby kids on a tour of Redwood Hill Farm ~ Capracopia, a goat dairy and diversified farm growing apples, olives, hops and more (\$10). Animal lovers will also enjoy a visit to Leland Street County Club for animal meet & greets, delicious farm products, and in the evening, live music and a food truck (\$20 + meal). Stop by Icssoma Farm to visit their "well-trained horses". At Green Valley Farm + Mill, join the community for a farm tour, live music and farm fresh food from Bodega Food Truck (\$10 + meal). For an educational experience don't miss "Foundations & the Future" symposium celebrating women in the local food movement (\$60 ticket includes lunch and happy hour).

APPLE-A-DAY RANCH

13128 Occidental Road, Sebastopol, CA 95472
(707) 823-0538

Sunday Only

It's apple season, and this is a great destination for **U-pick**. Stroll through the 4 acre home ranch orchard where some of the trees are over 100 years old. Pick your own Roman Beauty & Golden Delicious apples and pay by the pound. Fresh pressed juice also for purchase. **FREE ADMISSION.**



West County Trail Continued.

BAMBOO SOURCERY

666 Wagon Road Sebastopol, CA 95472
bamboosourcery.com • (707) 823-5866

Saturday & Sunday

Lush 7.5 acre family run, sustainable bamboo nursery & demonstration gardens. **Guided tours at 11am and 2pm.** Maps are available for self-guided tours. **FREE ADMISSION.**

BOHEMIAN CREAMERY

7380 Occidental Road, Sebastopol, CA 95472
bohemiancreamery.com

Saturday & Sunday

Bohemian Creamery creates unusual cheeses from its goat's milk—and sheep, cow & water buffalo milk, too. Special one hour tours include an intro to cheese-making and a tasting, **Saturday at 12pm & Sunday at 1pm (\$15/adult, children free.)** Taste & shop for cheese! **FREE ADMISSION.**

CUMBRIA GARDEN & GUSETHOUSE

2900 Blucher Valley Rd, Sebastopol, CA 95473

Saturday & Sunday

Come learn from a gardener about **making “super” compost**, no till organic growing methods, and extending the season with grow tunnels. **Tours of the garden begin every hour.** Produce, pumpkins for sale. **FREE ADMISSION.**

FOUNDATIONS & THE FUTURE:

CELEBRATING WOMEN'S LEADERSHIP IN THE FOOD MOVEMENT AT PERMACULTURE SKILLS CENTER

2185 Gravenstein Hwy South, Sebastopol, CA 95473

Saturday Only

A day of education, celebration and dialogue, the 3rd annual symposium intends to acknowledge, celebrate and lift up the leadership and voice of women in the food movement. Come hear powerful speakers, engaging panels, eat delicious food and enjoy local beverages. **Tickets: \$60/person at <http://bit.ly/womeninagfarmtrails>**

FREESTONE ARTISAN CHEESE

380 Bohemian Highway, Freestone, CA 95472
freestoneartisan.com • (707) 874-1030

Saturday & Sunday

This lovely artisan shop, nestled in the sweet little hamlet of Freestone just off Bodega Highway, will take your taste buds on a tour of the culinary bounty of Sonoma County. **FREE ADMISSION.**

FREESTONE RANCH

750 Freestone Ranch Rd, Valley Ford, CA 94952
freestoneranch.com

Saturday & Sunday

At 2pm, arrive for a tour and free-form walk with the ranchers. Visit the herd, learn about the grasses, and follow our curiosities. **RSVP Required: <http://bit.ly/freestonefarmtrails>** Beef boxes available for purchase. **FREE ADMISSION. Special Hours: 2-4pm, for tour only**

GREEN VALLEY FARM + MILL

13024 Green Valley Rd, Sebastopol, CA 95472
gvfam.com • (707) 874-1030

Sunday Only

At 3:30pm on Sunday, join Green Valley for a farm tour. Delicious farm fresh food will be available for purchase from *The Bodega* food truck. Dance to live music from 4:30-8:30pm with Burnside the Band and City of Trees Brass Band. **(Suggested donation for farm tour & music is \$10-20, RSVP Requested at: <http://bit.ly/gvfarmtrails>).** Arrive early to join Slow Money's Farm Fest including keynotes with ag entrepreneurs. (11:30-2:30pm, \$25-\$35)

ICSSOMA ~ WELL TRAINED HORSES

11114 Falstaff Rd, Sebastopol, CA 95472
welltrainedhorses.com • (707) 829-3600

Saturday Only

Sanctuary for rescued horses. Tours & demos every 30 minutes.

KOZLOWSKI FARMS

5566 Gravenstein Hwy 116, Forestville, CA 95436
kozlofskifarms.com • (707) 887-1587

Saturday & Sunday

Visit the shop & sample an array of specialty products, selection of pies. **FREE ADMISSION.**

LELAND STREET COUNTRY CLUB

7600 Leland Street, Sebastopol, CA 95472
lelandstreetfarm.com • (510) 435-4537

Saturday & Sunday

Leland Street Country Club is opening up to Farm Trailers! Leland Street is a members only farm with meat, dairy and other local food items for sale to members. There will be goats, piglets, chicks and a lamb for viewing. There will be field games for kids as well as refreshments available for purchase. **FREE ADMISSION 12-4pm.**



West County Trail Continued.

MUELRATH PUMPKINS

3800 Walker Avenue Santa Rosa, CA 95407
muelrathspumpkins.com • (707) 620-3982

Saturday & Sunday

Make new memories on this farmland managed by the Muelraths since 1946. 20+ Varieties, corn maze & hay ride!
FREE ADMISSION. Special Hours: Sat. 10-9; Sun. 10-6

PAPA'S PUMPKIN PATCH

13110 Occidental Rd Sebastopol, CA 95472
(707) 874-9070

Saturday & Sunday

Come pick your pumpkin right off the vine in this quaint backyard patch in a peaceful setting, under old-growth redwoods just outside of Occidental. Choose from 7 varieties. **FREE ADMISSION.**

RAINBOW'S END FARM

13140 Frati Lane, Sebastopol, CA 95472
(707) 874-2315

Saturday Only

Rainbow's End Farm has been growing medicinal Organic herbs for over 40 years. Join Nan & Jubilee, mother & daughter, for a **hands-on class in blending and tasting herbs for loose leaf tea from 10am-12pm (\$20/person)**. Class size is limited to 10 people. Call Nan (707)874-2315 for a reservation. **Special Hours: 10-12pm for registered guests only.**

REDWOOD HILL FARM ~ CAPRACOPIA

5480 Thomas Road, Sebastopol, CA 95472
redwoodhillfarm.org • (707) 827-3366

Saturday & Sunday

Reserve your spot to join a guided tour of their organic and diversified farm. Plenty of goat time, including a meet & greet with the newest baby kids! Visit all areas of the farm and learn about their sustainable practices. Stock up on Redwood Hill Farm goat cheese, goat milk soap, cut flowers and farm fresh produce. **(Additional RSVP recommended, \$10 Adult/\$5 Child, at <http://bit.ly/goatsfarmtrails>)**

SONOMA HORTICULTURAL NURSERY

3970 Azalea Lane, Sebastopol, CA 95472
sonomahort.com • (707) 823-6832

Saturday & Sunday

Visit one of the best kept secrets of Sonoma County and enjoy over 7 acres of demonstration gardens with over **1.5 miles of pathways to explore.** (25% Discount on Some Plants). **FREE ADMISSION.**

South Sonoma County Trail

Estimated Total Driving Time: 1 Hour

Miles Between Destinations: 1 - 9 miles

This suggested Southern loop is jam-packed & bee-friendly! Families will enjoy McClelland's Dairy, with hay rides, games and special tours, plus their U-pick pumpkin patch, Take a floral workshop at Bloomfield Cutting Garden or shop for an arrangement of cut flowers. At Monte Bellaria di-California enjoy a fragrance workshop & create your own lavender sachet. Garden Valley Ranch has baby chicks to meet and a U-pick rose garden to enjoy, or take a flower workshop. At Bodega Bay Oyster Co. learn about the incredible, edible oyster and enjoy a casual picnic. At Tara Firma Farms families can visit the animals, learn about their heritage breeds, and tour the grounds, once overseen by famed author & farmer Joel Salatin. Stop by LaLa's Jam Bar for a jam making demo and shop for unique handmade preserves. And don't miss the end of the blooming season at Aztec Dahlias's colorful flower farm.

AZTEC DAHLIAS

2478 E Washington St, Petaluma, CA 94954
aztecdahlias.com • (707) 338-9478

Saturday & Sunday

This flower farm grows over 400 varieties of dahlias in Petaluma. Purchase cut flowers and full grown plants from the farmstand. Take a walk in the flower field and be surrounded by unique blooms! **FREE ADMISSION. Special Hours: 10-5:30pm**

BLOOMFIELD CUTTING GARDEN

4700 Bloomfield Road, Petaluma, CA 94952
bloomfieldcuttinggarden.com • (707) 326-2589

Saturday Only

Visit this floral cutting garden on the outskirts of Sebastopol. Stroll through flower gardens at your leisure, or join an expert for a flower workshop: **Hand-Tied Bouquet Workshop, 10:00 AM-11:30 AM; or Classic Topiary Design Workshop, 1:00 PM-2:30 PM. Each class is \$65/person, limited to 8 guests. RSVP recommended at mackalie.com/workshops. FREE ADMISSION.**

BODEGA BAY OYSTER CO.

12830 Valley Ford Rd, Petaluma, CA 94952
bodegabayoyster.com • (707) 876-3010

Saturday & Sunday

Join a free tour of the production facility in the Petaluma Wind Gap. **Free tours will begin on the hour from 12pm-4pm,** includes a tour of the facility, tips on shucking and cooking oysters, plus proper shellfish care. Oysters, Chowder, Wine & Beer available for purchase. **FREE ADMISSION.**



South County Trail Continued.

GARDEN VALLEY RANCH

498 Pepper Road, Petaluma, CA 94592
gardenvalley.com • (707)795-0919

Sunday Only

Enjoy several activities at this beautiful property: **U-Pick roses (\$2/stem), meet baby chicks, and view the observation bee hive.** Join an expert for a **garden tour Sunday at 11:00am (\$10)** or a **Fall Floral Workshop (\$90 per person) from 11am - 1pm, RSVP recommended.** (\$5.00 Admission fee to farm waived with \$5 purchase.)

LALA'S JAM BAR

720 E. Washington St., Petaluma, CA 94952
lalasjams.com • (707)773-1083

Saturday & Sunday

Stop by LaLa's Jam Bar to taste delicious jams, learn about food preservation, and shop for great handmade gifts. **On Saturday, join LaLa for jam-making demos offered from 10am-12pm.** FREE ADMISSION.

McCLELLAND'S DAIRY

6475 Bodega Avenue, Petaluma, CA 94952
mcclellandsdairy.com • (707) 664-0452

Saturday & Sunday

This organic dairy has been family owned and operated since 1938. The milking animals are grass-fed on over 500 acres of pasture. Great for families! **Join a farm tour & milk a cow by hand, reserve your spot early (\$10-20, RSVP recommended).** Visit the pumpkin patch, plus more activities for the whole family in the Fun Zone (\$6-\$10) including a petting farm, hay maze, and more. Enjoy lunch: organic hot dogs, nachos and more. FREE ADMISSION to Pumpkin Patch.

MONTE-BELLARIA DI CALIFORNIA

3518 Bloomfield Road Sebastopol, CA 95472
monte-bellaria.com • (707) 829-2645

Saturday & Sunday

Monte-Bellaria, the name derivative of the Italian for "mountain of beautiful air", is a farm that makes bodycare products and is also a pollinator sanctuary. Throughout the weekend, **enjoy a fragrance workshop & create your own lavender sachet.** Free tours throughout the day. Also, explore an exhibit from the So. Co. Beekeepers' Assn. FREE ADMISSION.

TARA FIRMA FARMS

3796 I Street Extension, Petaluma, CA 94952
Tarafirmafarms.com • (707) 765-1202

Saturday & Sunday

Learn about sustainable animal husbandry from this iconic, biodiverse farm. **Two free guided farm tours (11am & 3pm).** Visit the pigs, cows, chickens, ducks, & goats, and learn why they rotationally graze their animals. Check out the farmstore and reserve your holiday turkey! FREE ADMISSION. **Special Hours: 10-6pm**

Restaurants Along the Farm Trails

Backyard

(West Trail)
6566 Front St, Forestville
(707) 820-8445
Sustainable local ingredients

Estero Cafe*

(South Trail)
14450 Hwy 1, Valley Ford
(707) 876-3333
Farm-to-diner *Free coffee w/ meal

Farmer's Wife

(West Trail)
6760 McKinley St., Suite
120, Sebastopol
Local menu, famous grilled cheese

the girl & the fig

(East Trail)
20816 Broadway, Sonoma
(707) 938-3634
French inspired farm-to-table

Handline

(West Trail)
935 Gravenstein Hwy S.
Sebastopol
(707)-827-3744
Sustainable, modern California

Hazel*

(West Trail)
3782 Bohemian Hwy,
Occidental
(707)874-6003
*50% off beignets for Sunday brunch

John Ash & Co.

(North Trail)
4330 Barnes Rd, Santa Rosa
(707) 527-7687
Wine Country gourmet dining

Lowell's Restaurant

(West Trail)
7385 Healdsburg Ave
Sebastopol
(707) 829-1077
Seasonal, Italian cuisine

Nick's Cove

(South Trail)
23240 Highway 1
Marshall
(415) 663-1033
Farm-&-sea-to-table on the bay

Papas and Pollo

(West Trail)
915 Gravenstein Hwy S.,
Sebastopol
(707) 829-9037
Organic Mexican food

Ramen Gajin

(West Trail)
6948 Sebastopol Ave.
Sebastopol
(707) 827-3609
Seasonal Japanese food & drink

The Union Hotel*

(West Trail)
3731 Main St.
Occidental
(707) 874-3555
*Free Bruschetta with Meal

Zazu Restaurant & Farm

(West Trail)
6770 McKinley St.,
Sebastopol
(707) 523-4814
Seasonal menu from the
"Queen & King of Pork"

* = Special offers for you! Just mention "Farm Trails". (Proof of registration may be required.)

Test Your Food Knowledge!

Take this quiz with your friends and family to discover how interesting and complex our food system is. We encourage you to ask questions of the farmers you meet! Answers at the bottom.

1. How much honey does an average worker bee make in its lifetime?
 - a) one pound
 - b) 1/2 cup
 - c) 1/12 teaspoon
2. How many flowers must be visited in order to produce one pound of honey?
 - a) 2 million
 - b) 2,000
 - c) 200
3. One in six California laying hens live in Sonoma County. How many eggs did they produce in 2015?
 - a) 300,000
 - b) 3,000,000
 - c) 30,000,000 dozen
4. The largest numbers of organic acres in Sonoma County are dedicated to
 - a) wine grapes
 - b) pasture and rangeland
 - c) vegetables
5. On average, how many pounds of milk does it take to make one pound of cheese?
 - a) 2 lbs
 - b) 10 lbs
 - c) 20 lbs
6. If you plan to save seeds from the vegetables of flowers you are growing, the most important word(s) to look for in the description on the packet are
 - a) organic
 - b) hybrid
 - c) open pollinated
7. The biggest irrigated crop in the US, with over 40 million acres, is in
 - a) corn
 - b) lettuce
 - c) lawn
8. Apples are a member of which plant family?
 - a) rose
 - b) citrus
 - c) magnolia
9. We know the least about this component of soil & human health, which may well be the most important
 - a) microbiota (Microscopic living organisms)
 - b) vitamins
 - c) minerals
10. What is the average age of a farmer in Sonoma County?
 - a) 46
 - b) 38
 - c) 60
11. What percentage of the U.S. population are farmers?
 - a) 7%
 - b) 15%
 - c) less than 1%
12. What is the average weight of a Jersey dairy cow?
 - a) 500 lbs
 - b) 900 lbs
 - c) 1,500 lbs
13. What is the science of apple growing called?
 - a) pomology
 - b) phycology
 - c) entomology
14. What % of food in America is thrown away every day?
 - a) 20%
 - b) 10%
 - c) 40%
15. Which of the following has the greatest impact on the carbon footprint of our food?
 - a) food miles: the distance the food travels from farm to our plate
 - b) production and processing
 - c) waste disposal
16. The average food item in America has traveled _____ miles from the farm to your plate.
 - a) 1,500
 - b) 100
 - c) 750
17. Vermicomposting refers to:
 - a) composting by worms
 - b) composting by clowns
 - c) composting by birds
18. How many plastic bottles are thrown away globally every hour?
 - a) 1.5 million
 - b) 2 million
 - c) 2.5 million
19. Which of the following items should you NOT put in your compost bin?
 - a) grass clippings
 - b) dog & cat feces
 - c) fruit cores and peels
20. "Cage Free" eggs mean
 - a) chickens are free to roam on grass or soil
 - b) chickens are not in individual cages, but can be crowded into one large indoor structure.
 - c) chickens are fed a diverse, free choice diet

Answers: 1: c, 2: a, 3: c, 4: b, 5: b, 6: c, 7: c, 8: a, 9: a, 10: c, 11: c, 12: b, 13: a, 14: c, 15: c, 16: a, 17: a, 18: c, 19: b, 20: b

Resources: Food System Alliance of Sonoma County, CAFF, Nourish, & Lexicon of Food